

Who's involved in healing?

Many people feel that a Christian counselor is all that is needed to help a person heal from their past. Perhaps we need to expand our view of the different categories of people that can have an effective part in the healing process. These include:

- a counselor helps the person get at memories that are key to their emotional/spiritual healing
- a pastor who understands warfare leads the person to spiritual freedom
- a Bible teacher helps the person see dominate lies or distortions about God that have retarded their spiritual growth
- a friend may model how to trust God
- others may teach them practical skills to access the powerful truth of the Word for themselves (so they can gain strength to endure, to wait, to fight hopelessness)
- others help them learn to live normally
- and of course, it must be remembered that it is God who restores their soul!

[See also: Helping the wounded in the Context of a Community]