

## Safeguards for those who help

Especially when ministering to those who have been involved in cults or the occult, it is important for the helpers to remain spiritual and emotionally healthy. Some of the basic suggestions of how to do that include the following:

- **Have a healthy personal walk with the resurrected Christ**

- deal with your own distortions about God
- become a person of prayer
- call sin, sin
- develop discernment

- **Learn how to fight spiritually**

- have a clear understanding of the work of Christ and a balanced, Biblical view of spiritual warfare
- be aware of the enemy's specific snares
- self-reliance -- pridefully relying on your own spiritual strength to deal with any spiritual issues
- intimidation -- putting thoughts in your head that IF you help this person, Satan will do this or that
- retaliation -- frightening you by telling you that there is connection between an event in your life and the fact that you are helping this person
- engagement -- being enticed into talking to or arguing with demonic forces in the person
- deception -- asking the wicked spirits for information or leading about what to do next, when we have the HOLY SPIRIT within us to help us discern
- fascination -- becoming intrigued with the darkness and focusing on aiming information and understanding detailed specifics about how the demonic works