

Dear Friend,

Let me thank you for being willing to extend the heart of the Good Shepherd toward those who are working to get past their past. I trust that these articles will be of help to you.

Alaine

General Issues:

- [Praying for Hurting People](#)
- [Joy in the Desert](#) -- audio

Specific DID Issues:

- [Basic Definitions of MPD/SRA Terms](#)
- [The Seven Steps of Healing from MPD/DID](#)
- [Characteristics of a person with MPD/DID](#)
- [Clues of MPD/DID](#)
- [You're Not Going Crazy](#) -- audio